

Social Affirmations

Part 1

1. I SURROUND MYSELF WITH PEOPLE WHO MAKE ME FEEL WHOLE AND LOVED
2. I REFLECT AND BRING OUT THE BEST IN OTHERS
3. EVERYDAY I ATTRACT MORE AND MORE POSITIVE PEOPLE INTO MY LIFE
4. IT'S EASY TO MAKE FRIENDS. I ATTRACT POSITIVE AND KIND PEOPLE INTO MY LIFE
5. I SURROUND MYSELF WITH PEOPLE WHO BRING OUT THE BEST IN ME
6. IT'S EASY TO MEET PEOPLE. I CREATE POSITIVE AND SUPPORTIVE RELATIONSHIPS
7. EVERY DAY MY SOCIAL CIRCLE IS EXPANDING AND ELEVATING
8. BECAUSE I LOVE AND HONOR MYSELF, EVERYONE I COME IN CONTACT WITH LOVES AND ACCEPTS ME EXACTLY AS I AM
9. MY FRIENDS HELP MAKE ME THE EXTRAORDINARY PERSON THAT I AM
10. I AM A FUN AND EXCITING PERSON TO BE AROUND
11. I ALLOW MYSELF TO BE VULNERABLE SO I CAN MAKE TRUE CONNECTIONS WITH ALL THOSE I COME IN CONTACT WITH
12. I SET HEALTHY BOUNDARIES WITH FRIENDSHIPS, AND ALWAYS HONOR MY INTUITION ABOUT OTHERS
13. I TURN MOST EVERY INTERACTION INTO SMILING, JOYFUL PLAY
14. I AM A LOVING, THOUGHTFUL, LOYAL FRIEND
15. I WELCOME ALL INTO MY LIFE AS POTENTIAL SOULMATES

Social Affirmations

Part 2

1. I AM POSITIVE, UPLIFTING, INSPIRING AND AUTHENTIC IN ALL OF MY INTERACTIONS WITH OTHERS
2. I ALWAYS GIVE OTHERS THE BENEFIT OF THE DOUBT AND THINK POSITIVELY ABOUT THEM, AND THEIR INTENTIONS
3. I WILL NEVER PASS UP AN OPPORTUNITY TO HELP SOMEONE ELSE IF I CAN
4. BY FULLY ACCEPTING MYSELF, I PAVE THE WAY FOR OTHERS TO FULLY ACCEPT ME
5. I AM FUNNY AND LOVE TO LAUGH AND MAKE OTHERS LAUGH
6. I SPREAD LOVE OPENLY AND FREELY TO ALL
7. TODAY I WILL SUPPORT OTHERS ON THEIR OWN PATH, HOWEVER POSSIBLE
8. I AM ETERNALLY GRATEFUL FOR MY WONDERFUL FRIENDS
9. I AM NEVER ALONE. I CAN ALWAYS COUNT ON MY FRIENDS TO OFFER LOVE AND SUPPORT WHEN I NEED IT
10. I ALWAYS FOCUS ON SEEING THE VERY BEST IN EVERY PERSON AND SOCIAL SITUATION
11. I LOVE MEETING NEW PEOPLE
12. I HIGHLIGHT THE BEAUTY AND GOOD IN ALL PEOPLE
13. I MAKE REAL HUMAN CONNECTIONS WITH EVERYONE I MEET, NO MATTER HOW FLEETING
14. I FEEL SO SAFE AND COMFORTED BY MY FRIENDS
15. MY FRIENDSHIPS ALLOW ME THE SACRED SPACE TO EXPLORE AND EXPRESS WHO I TRULY AM