Words for Positive Living

A Free Coloring Book Series of Affirmations and Reminders

Volume One

Elizabeth Crooks, B.Msc. 2017

Excite your imagination and inspire your day-to-day life with words and colorful images that are positive and purposeful. What we see, hear, and experience every day tends to influence our thoughts, feelings, actions, and overall reality. Make those words, phrases, sights, and feelings as positive as possible by coloring and posting awesome messages to yourself around your room, house, etc.

You can even create your own reminders throughout the day with little notes to yourself, by setting alarms on your phone to remind you how awesome you are, and writing on your bathroom mirror (with non-permanent markers of course), among other things....get creative!

This is your world, your reality, so make it the best one possible by giving yourself better messages full of love, inspiration and things that make you smile.

Thank you for downloading this free coloring book!

IN-JOY reminding yourself about something awesome, positive, and loving.

Check back often for more free stuff from: www.LNLAwakening.com























